

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cinnamon French Toast [615.13] 2 half	*Orange French Toast (Whole) [849] 2 half	*Pancakes [616] 2 each	*Cinnamon French Toast [615.13] 2 half	*Banana Pancakes [4820] 2 each	*French Toasted Waffle [615.9] 2 each	*Cinnamon Maple Pancakes [19558.1] 2 each
*Corned Beef Hash [334.1] 3 ounce	*Pork Bacon [608] 2 slice	*Turkey Sausage Patty [45075] 2 oz portion	*Sausage Link [1125] 2 each	*Pork Bacon [608] 2 slice	*Pork Bacon [608] 2 slice	*Sausage Link [1125] 2 each
*Turkey Sausage Patty [45075] 2 oz portion	*Turkey Sausage Patty [45075] 2 oz portion	*Biscuits [3872] 1 each	*Turkey Sausage Patty [45075] 2 oz portion	*Turkey Sausage Links [5828] 2 each	*Turkey Sausage Patty [45075] 2 oz portion	*Turkey Sausage Patty [45075] 2 oz portion
*Crispy Hashbrowns [552] 1/2 cup	*Tater Tots [1178] 1/2 cup	*Pork Sausage Gravy [4027] 1 ladle-1oz	*Crispy Hashbrowns [552] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Tater Tots [1178] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup
*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup
*Scrambled Eggs with Cheese [4299] 1/2 cup	*Broccoli Quiche [2061] 1 slice	*Scrambled Egg [2032.23] 1/2 cup	*Denver Scrambled Eggs [4631.10] 1/2 cup	*Onion and Cheese Quiche [5594] 1 slice	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Grits [3314] 1 ladle-4oz
*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz
*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	

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Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		*Oatmeal [613] 1 ladle-4oz				

Lunch - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Tso's Chicken [10896.5] 4 ounce	*Thai BBQ Chicken [49966] 1 each	*Black Pepper Shrimp [47605] 3 ounce	*Southern Fried Chicken [45024] 4 oz portion	*Meatballs with Marinara [5430] 4 each	*Fried Fish [446.1] 1 each	*Grilled Pork Chop [472] 4 oz meat
*Roasted Corn [102289] 3 ounce	*Braised Beef [20898.5] 4 oz portion	*Turkey Lasagna [484.10] 1 serving(s)	*Baked Chicken [4801] 1 each	*Beef Stroganoff [27182] 4 ounce	*Honey Ginger Glazed Chick [111769] 4 oz meat	*Sauteed Green Beans [103757] 3 ounce
*Vegetable Fried Rice [10913.5] 4 ounce	*Balsamic Roasted Root Vegg [19849.4] 3 ounce	*Steamed Cauliflower [4961.8] 3 ounce	*Fish Cakes with Creamy Dill [6269] 3 each	*Green Beans [103772] 3 ounce	*Broccoli, Carrots and Cauliflo [5859] 3 ounce	*Sour Cream Chives Mashed [5425] 4 ounce
*Asian Vegetable Stir Fry with [1813.8] 1/2 cup	*Fresh Steamed Carrots [4953] 3 ounce *White Rice [2] 4 ounce	*Sauteed Spinach & Garlic [42899] 3 ounce *Twice Baked Potatoes [1083] 4 ounce	*Vegetarian Collard Greens [103139] 3 ounce *Roasted Zucchini [8122] 3 ounce *Candied Sweet Potato [983] 4 ounce	*Steamed Fresh Yellow Squa [33992.33] 3 ounce *Buttered Egg Noodles [557] 4 ounce	*Braised Cabbage [1829] 3 ounce *Cheddar Grits [19723.1] 4 ounce	*Roasted Pepper Frittata [58411.1] 5 ounce

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Station(s) Included:

All Items

Menu(s) Included:

Lunch - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			*Signature Macaroni and Cheese [762] 4 ounce			

Wellness Combo - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Chickpea Patty, No Nuts [102061] 5 oz portion	*Vegetarian Hoppin John [43093] 3 ounce	*Signature Macaroni and Cheese [762] 4 ounce	*Quinoa Stuffed Delicata Squash [57108] 1 each	*Sweet Potato and Spinach V [101976] 1/2 cup	
	*Sweet Thai Chili Lime Sauce [102409] 2 ounce	*Mexican Lasagna [31910] 1 serving(s)	*Basil and Zucchini with Lentil [59469] 1 cup	*Marinara with Lentil Balls [44399.1] 1 cup	*Baked Zucchini Frittata [7869] 1 slice	
	*Herb Stuffed Tomatoes, White [48777] 1 each	*Steamed Cauliflower [4961.8] 3 ounce	*Candied Sweet Potato [983] 4 ounce	*Buttered Egg Noodles [557] 4 ounce	*Broccoli, Carrots and Cauliflower [5859] 3 ounce	
	*Steamed Carrots [4953.3] 3 ounce	*Sauteed Spinach & Garlic [42899] 3 ounce	*Vegetarian Collard Greens [103139] 3 ounce	*Steamed Fresh Yellow Squash [33992.33] 3 ounce	*Cheddar Grits [19723.1] 4 ounce	
	*White Rice [2] 4 ounce					

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INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Dinner - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Sweet and Sour Pork [4014] 4 ounce	*Italian Sausage with Green P [714] 4 ounce	*Orange Glazed Ham [726] 4 ounce	*Pepper Steak [1004] 1 serving(s)	*Roast Turkey [37207] 4 oz portion	*Baked Pasta Stefano [38214] 4 ounce	*Moroccan Chicken [5453] 4 oz meat
*Garlic Herb Meatloaf [6925] 4 oz portion	*Blackened Tilapia [19306.1] 1 each	*Manicotti [26091] 2 each	*Caribbean Jerk Pork Roast [4617] 4 ounce	*Parmesan Crusted Fish [30141] 1 each	*Chicken Fried Steak [331] 1 serving(s)	*Southwest Cod [8124.1] 1 each
*Peas and Pearl Onions [5676] 3 ounce	*Winter Vegetable Blend [1516] 3 ounce	*Bolognese Sauce [14935.1] 1/2 cup	*Snap Peas with Red Pepper [1391] 3 ounce	*Sauteed Spinach [8621] 3 ounce	*Roasted Brussels Sprouts [103994] 3 ounce	*Gingered Snow Peas [42395] 3 ounce
*Acorn Squash [4798] 3 ounce	*Sauteed Kale [43933] 3 ounce	*Steamed Fresh Broccoli [4911.11] 3 ounce	*Bok Choy [4884] 3 ounce	*Whole Kernel Corn [522] 3 ounce	*Corn Succotash with Lima Be [27385.2] 3 ounce	*Sauteed Mushrooms [49201] 3 ounce
*Rice Pilaf [988] 4 ounce	*Parmesan Potatoes Wedges [5496] 4 ounce	*cinnamon glazed Ccrots [23818] 3 ounce	*Black Beans & Brown Rice [1361.1] 4 oz portion	*Bread Dressing [7756] 4 ounce	*White Rice [2] 4 ounce	*Scallion Jasmine Rice [5354.6] 4 ounce
*Tofu & Chips [45015] 4 oz portion		*Au Gratin Potatoes [561.5] 4 ounce		*Chicken Gravy [1468] 1 ladle-1oz	*Beef Gravy [801] 1 ladle-1oz	
*Beef Gravy [801] 1 ladle-1oz						

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Station(s) Included:

All Items

Menu(s) Included:

Wellness Combo-2 - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Garbanzo Loaf with Marinara [102353] 6 ounce	*Mushroom Risotto [26898] 1 serving(s)	*Cabbage Rolls [22406] 4 ounce	*Portobello Napoleon [6943] 1 each	*BBQ Carrot Tostada, Salsa, J [87661.1] 2 each	*Grilled Cauliflower Steak [84444] 1 each	*Vegetable Pad Thai [48376.8] 1-1/2 cup
*Mushroom and Spinach Cou [31045] 3 ounce	*Tofu Thai Curry Pasta [33385.2] 1/2 cup	*Zucchini & Goat Cheese Stuf [103600] 1 half	*broccoli lemon wheat penne [17210] 4 oz portion	*Black Bean Spinach Enchilac [29703.1] 2 each	*Manicotti with Marinara [716.25] 1 serving(s)	*Ratatouille with Cannellini Be [103274.1] 4 oz portion
*Acorn Squash [4798] 3 ounce	*Winter Vegetable Blend [1516] 3 ounce	*Steamed Fresh Broccoli [4911.11] 1/2 cup	*Snap Peas with Red Pepper [1391] 3 ounce	*Sauteed Spinach [8621] 3 ounce	*Corn Succotash with Lima Be [27385.2] 3 ounce	*Scallion Jasmine Rice [5354.6] 4 ounce
*Peas and Pearl Onions [5676] 3 ounce	*Parmesan Potatoes Wedges [5496] 4 ounce	*Au Gratin Potatoes [561.5] 1/2 cup	*Black Beans & Brown Rice [1361.1] 4 ounce	*Whole Kernel Corn [522] 3 ounce	*Basmati Rice with Peas [38405] 4 ounce	*Sauteed Mushrooms [49201] 3 ounce

Bakery-Desserts - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Lemon Pound Cake [5386] 1 slice	*Rice Krispie Treat [5618] 1 serving(s)	*Caramel Bread Pudding [3241] 1 slice	*Peach Cobbler [202] 1/2 cup	*Peanut Butter Brownies [4681] 1 each	*Strawberry Shortcake [204] 1 slice	*Raspberry Tartlet [5605] 1 each
*banana pudding [4401] 4 oz parfait	*Chocolate Pudding [1463] 1/2 cup	*Lemon Pudding [5387] 1/2 cup	*Banana Pudding [7989] 1/2 cup	*Chocolate Oreo Pudding [18958] 1 each	*Vanilla Pudding [1420] 1/2 cup	*Lemon Pudding [5387] 1/2 cup
*Citrus Gelatin [1642] 1/2 cup	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup	*Strawberry Gelatin [40] 1/2 cup	*Citrus Gelatin [1642] 1/2 cup	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup

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Station(s) Included:

All Items

Menu(s) Included:

Bakery-Desserts - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each
*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each
*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each
*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each
*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each

Retail-Action - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Omelet Station [8786] 1 each	*Bruschetta Station [43572] 4 ounce	*Chicken and Sausage Jamb [103330] 1/2 cup	*Pasta Bar [27111] 4 ounce	*Pancakes [616] 2 each *Strawberry Syrup [25915] 1 ladle-1oz	*Garlic Chive Mashed Potatoe [79186] 1/2 cup *Onion Strings [24576] 1/2 ounce	*Omelet Station [8786] 1 each

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Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Action - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				*Blueberry Filling [135] 1 ounce	*Steamed Corn Kernels [1120.4] 1/2 ladle-1oz *Broccoli [4911] 1/2 ounce *Beef Gravy [801] 1 ladle-1oz *Popcorn Chicken [52624] 3 ounce	

Retail-Grill - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Buffalo Chicken Wings [30608.3] 3 each	*Hamburger on Bun [5305.16] 1 sandwich	*Fish Sandwich [4451.2] 1 sandwich	*Loaded Fries [112145] 1 each	*Sausage and Pepper Sub [4452] 1 sandwich	*Corn Dog [10958] 1 each	*Cheese Quesadillas [1833.16] 1 each
*Tater Tots [1178] 1/2 cup	*3/8" French Fries, Fried [39862] 3 ounce	*Curly-Q French Fries [769] 1/2 cup	*Turkey Burger [38578] 1 sandwich	*Onion Rings [539.2] 4 ounce	*3/8" French Fries, Fried [39862] 3 ounce	*Fresh Fried Chipotle BBQ Ch [767.6] 4 ounce
*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Spicy Tomato Habanero Sals [40762] 1 floz

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Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Grill - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich		*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Garden Burger [16961.3] 1 each *Turkey Burger [38578] 1 sandwich

Retail-Pizza, Pasta, Flatbreads - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th
*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice
*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice
*Breakfast Pizza [63445.19] 1 slice	*Philly Cheesesteak Pizza [16117.1] 1 slice	*Sausage and Peppers Calzo [4527] 1 serving(s)	*Four Cheese Stromboli with [15939.17] 1 each	*Dessert Pizza [14403.15] 1 slice	*Meatball Calzone [15829.13] 1 slice	*Broccoli Spinach Calzone [7857] 1 each

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Station(s) Included:

All Items

Menu(s) Included:

Salad Bar - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Minestrone Pasta Salad [5439] 1/2 cup	*Broccoli Salad [4004] 1/2 cup	*Crispy Creole Cabbage Slaw [22469] 3 ounce	*Tomato and Cucumber Salad [7932] 3 ounce	*Almond Orange Waldorf Salad [1359] 1/2 cup	*Pasta Salad [898] 1/2 cup	*Sweet Corn Salad [35080.5] 1/2 cup

Retail-Deli - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Honey Mustard Pork Sandwich [7765] 1/2 sandwich	*Avocado and Black Bean Wr [33839] 1/2 serving(s)	*Turkey and Red Pepper Sand [6922] 1/2 sandwich	*Ham and Cheese Croissant [7890] 1/2 sandwich	*Pesto Chicken Sandwich Thi [9127.4] 1/2 sandwich	*American Hoagie [4742] 1/2 sandwich	*Turkey Club on White Toast [3470] 1/2 sandwich
*Chicken Salad on a Croissan [9128.4] 1/2 sandwich	*Chinese Chicken Salad with [46865.1] 1/2 each	*Seafood Salad Wrap [705.1] 1/2 sandwich	*Turkey Salad on Whole Whe [5826] 1/2 sandwich	*Egg Salad Sandwich on Roll [2415] 1/2 serving(s)	*Tuna Salad on Croissant [2119] 1/2 sandwich	*Chicken Salad on a Croissan [9128.4] 1/2 sandwich
*Roasted Vegetable Wrap [4520] 1/2 serving(s)	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Italian Sub [25074.1] 1/2 sandwich
*Chicken Caesar Wrap [31991.2] 1/2 each						*Roasted Vegetable Wrap [4520] 1/2 serving(s)
*Homemade Potato Chips [28837.2] 4 ounce						*Homemade Potato Chips [28837.2] 4 ounce

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Station(s) Included:

All Items

Menu(s) Included:

Retail-Soup - Week 1, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Black Bean Soup [4468] 8 floz	*Chicken & Wild Rice [13848] 8 floz	*3 Bean & Swiss Chard Soup [75663] 8 floz	*12 Veggie Soup [68589] 8 floz	*Potato Leek Soup [4537] 8 floz	*Clam Chowder [4462] 8 floz	*Italian Wedding Soup [4465] 8 floz
*Tomato Basil Bisque [3506] 8 floz	*French Moroccan Tomato Le [13305] 8 floz	*Split Pea & Ham Soup [13300] 8 floz	*Baked Stuffed Potato Soup [3505] 8 floz	*Roasted Eggplant Soup [68770] 8 floz	*Southwest Tortilla Soup [4469] 8 floz	*Curried Rice & Lentil Soup [13840] 8 floz

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Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cinnamon French Toast [615.13] 2 half	*Orange French Toast (Whole) [849] 2 half	*Pancakes [616] 2 each	*Cinnamon French Toast [615.13] 2 half	*Banana Pancakes [4820] 2 each	*French Toasted Waffle [615.9] 2 each	*Pancakes with Strawberries [616.4] 2 each
*Pork Bacon [608] 2 slice	*Pork Bacon [608] 2 slice	*Turkey Sausage Links [5828] 2 each	*Turkey Bacon [8735] 2 slice	*Pork Bacon [608] 2 slice	*Pork Bacon [608] 2 slice	*Turkey Bacon [8735] 2 slice
*Turkey Sausage Links [5828] 2 each	*Turkey Sausage Links [5828] 2 each	*Biscuits [3872] 1 each	*Sausage Link [1125] 2 each	*Scrambled Egg [2032.23] 1/2 cup	*Turkey Sausage Patty [45075] 2 oz portion	*Sausage Link [1125] 2 each
*Crispy Hashbrowns [552] 1/2 cup	*Tater Tots [1178] 1/2 cup	*Biscuit Gravy [3932] 1/2 cup	*Crispy Hashbrowns [552] 1/2 cup	*Grits [3314] 1 ladle-4oz	*Tater Tots [1178] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup
*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Oatmeal [613] 1 ladle-4oz	*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup
*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Grits [3314] 1 ladle-4oz
*Oatmeal [613] 1 ladle-4oz	*Broccoli Quiche [2061] 1 slice	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Turkey Sausage Links [5828] 2 each	*Grits [3314] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz
*Scrambled Eggs with Cheese [4299] 1/2 cup	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Broccoli Quiche [2061] 1 slice	*Oatmeal [613] 1 ladle-4oz	

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Lunch - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Brown Sugar and Mustard Gl [103208] 4 ounce	*Beef Fajitas [1052] 1 each	*Seafood Stuffed Tilapia [27305] 1 each	*Southern Fried Chicken [45024] 4 oz portion	*Salisbury Steak [343] 1 each	*Fried Fish [446.1] 1 each	*Cajun Chicken Penne [27976] 4 oz portion
*Candied Sweet Potato [983] 4 ounce	*Flour Tortillas [103492] 2 each	*Roast Beef [5912.4] 4 oz meat	*Baked Chicken [4801] 1 each	*Sweet and Sour Meatballs [28916.5] 1/2 cup	*Mandarin Orange Beef [18591.3] 4 ounce	*Roasted Tomatoes [11160] 3 ounce
*Braised Cabbage [1829] 3 ounce	*Tandoori Chicken [5769.1] 4 oz meat	*Beef Gravy [801] 1 ladle-1oz	*Ginger Glazed Fish [12121] 1 each	*Roasted Brussels Sprouts [103994] 3 ounce	*Peas and Mushrooms [1015] 3 ounce	*Roasted Vegetables [102784] 3 ounce
*Squash Casserole [543] 1/2 cup	*Sauteed Kale [43933] 3 ounce	*Fresh Asparagus [9007] 3 ounce	*Vegetarian Collard Greens [103139] 3 ounce	*Herb Roasted Butternut Squa [103390] 3 ounce	*Broccoli [4911] 3 ounce	*Curried Vegetable Pot Pie [42913] 1/2 cup
	*Broccoli, Carrots and Cauliflc [5859.5] 3 ounce	*Squash, Zucchini, Peppers a [1413.3] 3 ounce	*Signature Macaroni and Che [762] 4 ounce	*White Rice [2] 4 ounce	*Lyonnaise Potatoes [568] 4 ounce	
	*cilantro lime rice [41689] 4 ounce	*Lemon Orzo [35343] 4 ounce	*Black-Eyed Peas [842.1] 3 ounce	*Beef Gravy [801] 1 ladle-1oz		

Wellness Combo - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Portobello Fajita [3978.1] 1 serving(s)	*Brown Rice & Curried Tofu [31914.6] 1-1/2 cup	*broccoli lemon wheat penne [17210] 4 oz portion	*Polenta Stuffed Pepper [28722] 1 each	*Indian Lentil Wrap [33766] 1 serving(s)	

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Wellness Combo - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Quinoa Stuffed Tomato [103715] 1 each	*Roasted Vegetable Lasagna [31048] 1 2" x 3"	*Quinoa with Pan-Fried Corn [16404] 6 oz portion	*Squash, Zucchini, Peppers a [1413.3] 3 ounce	*Penne, Sun-Dried Tomato, Z [11352.2] 1/2 cup	
	*Broccoli, Carrots and Cauliflc [5859.5] 3 ounce	*Rosemary Asparagus [14360] 3 ounce	*Vegetarian Collard Greens [103139] 3 ounce	*White Rice [2] 4 ounce	*Broccoli [4911] 3 ounce	
	*cilantro lime rice [41689] 4 ounce	*Lemon Orzo [35343] 4 ounce	*Black-Eyed Peas [842.1] 3 ounce		*Lyonnais Potatoes [568] 4 ounce	
	*Flour Tortillas [103492] 2 each					

Dinner - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Ginger Barbecue Chicken [6814] 4 oz meat	*Thyme and Garlic Roasted T [6810] 3 oz meat	*Chicken Parmesan [102098] 4 ounce	*Jerked Beef Brisket [6815] 4 ounce	*Shrimp Scampi [442] 4 oz portion	*Sweet and Sour Chicken [5751] 4 oz portion	*Jamaican Jerk Chicken Thigh [38247] 1 serving(s)
*Braised Beef Tips [318] 4 ounce	*Fried Shrimp [422] 7 each	*Stuffed Pork Chop [7764] 1 each	*Cuban Style Chicken [6939] 4 oz meat	*Citrus Marinated Pork Loin [4618] 4 ounce	*Beef Ravioli Marinara [75598.3] 8 oz portion	*Creole Fish Fillets [6856] 4 oz meat
*Sauteed Kale [102648] 3 ounce	*Butternut Squash with Chili R [77184] 3 ounce	*Fresh Green Beans [9002.8] 3 ounce	*Braised Cabbage [1829] 3 ounce	*Sauteed Spinach [8621] 3 ounce	*Steamed Fresh Yellow Squa [33992.33] 3 ounce	*Green Bean Saute [103775] 3 ounce

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Dinner - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Green Beans and Cherry Tom [10520.1] 3 ounce	*Sautéed Spinach [8621] 3 ounce	*Fresh Steamed Carrots [4953] 3 ounce	*Baked Plantains [6962] 4 ounce	*Zucchini Lyonnaise [4725] 3 ounce	*Snap Peas with Red Pepper [1391] 3 ounce	*Corn with Pimento [2423] 3 ounce
*White Rice [2] 4 ounce	*Baked Potatoes [553] 4 ounce *Hush Puppies [576] 5 each	*Spaghetti [559] 4 ounce *Marinara Sauce [7967.4] 2 floz	*Cilantro Rice [6951] 4 ounce	*Linguine [3438] 4 ounce	*White Rice [2] 4 ounce	*Caribbean Rice [16189.1] 4 ounce

Wellness Combo-2 - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Farro Couscous with Brussel [103476] 1/2 cup	*Vegetarian Bean Bake (Cass) [31884.2] 1/2 cup	*Panko Eggplant [80566] 2 slice	*Potato and Quinoa Poblano F [34423.2] 1 each	*Mushroom Stroganoff [22988] 4 ounce	*Whole Grain Spaghetti with S [33314] 1/2 cup	*Pesto Penne with Peas and T [102856.1] 16 ounce
*Maple Mustard Butternut Squ [87913] 1 serving(s)	*Baked Potatoes [553] 1 each	*Lentil Bolognese [102928] 8 ounce	*Red Quinoa, Corn, Tomatoes [23407] 1/2 cup	*Tofu and Veggie Scampi [28197] 4 ounce	*Sweet & Sour Beets [102744] 1/2 cup	*Eggplant Creole [1009] 1/2 cup
*Green Beans and Cherry Tom [10520.1] 3 ounce	*Butternut Squash & Spinch [103953] 3 ounce	*Spaghetti [559] 4 ounce	*Braised Cabbage [1829] 3 ounce	*Sautéed Spinach [8621] 3 ounce	*Snap Peas with Red Pepper [1391] 3 ounce	*Green Bean Saute [103775] 3 ounce
*Sautéed Kale [102648] 3 ounce	*Hush Puppies [576] 5 each	*Fresh Steamed Carrots [4953] 3 ounce	*Cilantro Rice [6951] 4 ounce	*Linguine [3438] 4 ounce	*White Rice [2] 4 ounce	*Caribbean Rice [16189.1] 4 oz portion

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Bakery-Desserts - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Pineapple Upside Down Cake [218] 1 slice	*Fruit Tart [5255] 1 each	*Coconut Meringue Pie [3321] 1 slice	*Apple Crisp [947] 1/2 cup	*Carrot and Walnut Cupcake [22399] 1 each	*Blonde Brownies [4876] 1 2-1/2"x3"	*Chocolate Rice Krispie Treat [4648] 1 each
*banana pudding [4401] 10 oz parfait	*Chocolate Pudding [1463] 1/2 cup	*Lemon Pudding [5387] 1/2 cup	*Banana Pudding [7989] 1/2 cup	*Cookie Mousse [41028] 2-1/2 floz	*Vanilla Pudding [1420] 1/2 cup	*Lemon Pudding [5387] 1/2 cup
*Citrus Gelatin [1642] 1/2 cup	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup	*Strawberry Gelatin [40] 1/2 cup	*Citrus Gelatin [1642] 1/2 cup	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup
*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each
*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each
*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each
*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each
*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Action - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Omelet Station [8786] 1 each	*Create Your Own: Lo Mein S [5401.1] 1/2 cup	*Taco Salad [1482] 1 serving(s) *Black Beans [20007] 1 ounce *Pinto Beans [20064] 1 ounce *Grilled Corn Relish [47036] 1 ounce *Pico de Gallo [17748] 1 ladle-2oz	*BBQ Ramen Bowl with Roas [105349] 1 serving(s)	*Baked Potatoes [42929] 1 each	*Ice cream Sundae Bar [42955] 1 serving(s) *Chocolate Brownies [32260] 1 slice	*Omelet Station [8786] 1 each

Retail-Grill - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Hamburger on Bun [5305.16] 1 sandwich	*Grilled Cheese Sandwich [1796] 1 sandwich	*Philly Steak [7826] 2-1/2 ounce	*Hot Dog [6062.6] 1 each	*Chicken Tenders [11332] 4 ounce	*Barbecue Chicken Sub [4636] 1 sandwich	*Fish Sandwich [4451.2] 1 sandwich
*Curly-Q French Fries [769] 1/2 cup	*3/8" French Fries, Fried [39862] 3 ounce	*Curly-Q French Fries [769] 1/2 cup	*Fresh Fried Chipotle BBQ Ch [767.6] 4 ounce	*Onion Rings [539.2] 4 ounce	*3/8" French Fries, Fried [39862] 3 ounce	*Tater Tots [1178] 1/2 cup

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Grill - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Turkey Burger [38578] 1 sandwich	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each
*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Garden Burger [16961.3] 1 each	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich

Retail-Pizza, Pasta, Flatbreads - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th
*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice
*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice
*Meat Lovers Pizza [16114] 1 slice	*Hawaiian Pizza [53434.37] 1 slice	*Barbecue Chicken Pizza [4261] 1 slice	*White on White Pizza [16120.9] 1 slice	*Bacon, Tomato & Cheese Pizza [27904] 1 1/8th	*Meatball Calzone [15829.13] 1 slice	*Cheese Calzone [9072] 1 each

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Salad Bar - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*American Macaroni Salad [17421] 1/2 cup	*Dilled Cucumber Salad [35077] 1/2 cup	*Deviled Eggs [64] 1 each	*Tomato Spinach Pasta Salad [35071.3] 1/2 cup	*Quinoa Salad and Chipotle D [9893] 1/2 cup	*Panzanella Salad [28932] 1/2 cup	*Minted Fruit Salad [35072] 1/2 cup

Retail-Deli - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Italian Cold Cut Slider [18478.1] 1 serving(s)	*Buffalo Chicken Wrap [10424] 1/2 each	*Chicken Caesar Wrap [37311] 1/2 sandwich	*Tuna Salad Croissant [24063.2] 1/2 sandwich	*Turkey Club Sandwich [3635.8] 1/2 sandwich	*Curried Chicken Salad with A [13774] 1/2 serving(s)	*Chicken Caesar Wrap [37311] 1/2 sandwich
*Curried Almond Chicken Salad [10466.6] 1/2 serving(s)	*Sante Fe Turkey on Sandwich [30952.1] 1/2 each	*Corn Beef and Swiss on Rye [5083] 1/2 sandwich	*Eggplant and Hummus Sand [31137] 1/2 sandwich	*Egg Salad Sandwich on Roll [2415] 1/2 plate	*Roasted Vegetable with Pest [32012.3] 1/2 serving(s)	*Eggplant and Hummus Sand [31137] 1/2 sandwich
*Avocado and Black Bean Wr [33839] 1/2 serving(s)	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Turkey BLT [10763] 1/2 serving(s)
*Egg Salad Sandwich on Roll [2415] 1/2 serving(s)						*Chicken Salad [885.6] 1/2 serving(s)
*Homemade Potato Chips [28837.2] 4 ounce						*Homemade Potato Chips [28837.2] 4 ounce

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Soup - Week 2, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Chicken & Dumpling Soup [19167] 8 floz	* Wild Mushroom Bisque [4464] 8 floz	*Au Bon Pain Garden Vegetal [4467] 8 floz	*Potato Leek Soup [4537] 8 floz	*Split Pea & Ham Soup [13300] 8 floz	*Clam Chowder [4462] 8 floz	*Corn & Chili Bisque [13847] 8 floz
*Vegetarian Minestrone [3504] 8 floz	*Vegetable Beef Barley [4461] 8 floz	*Red Bean & Sausage Soup [4538] 8 floz	*Baked Stuffed Potato Soup [3505] 8 floz	*Roasted Eggplant Soup [68770] 8 floz	*Southwest Tortilla Soup [4469] 8 floz	*Pasta e Fagioli [4535] 8 floz

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cinnamon French Toast [615.13] 2 half	*Orange French Toast (Whole) [849] 2 half	*Pancakes [616] 2 each	*Cinnamon French Toast [615.13] 2 half	*Banana Pancakes [4820] 2 each	*French Toasted Waffle [615.9] 2 each	*Cinnamon Maple Pancakes [19558.1] 2 each
*Corned Beef Hash [334.1] 3 ounce	*Pork Bacon [608] 2 slice	*Turkey Sausage Links [5828] 2 each	*Sausage Link [1125] 2 each	*Pork Bacon [608] 2 slice	*Pork Bacon [608] 2 slice	*Pork Bacon [608] 2 slice
*Turkey Sausage Links [5828] 2 each	*Tater Tots [1178] 1/2 cup	*Biscuits [3872] 1 each	*Crispy Hashbrowns [552] 1/2 cup	*Turkey Sausage Links [5828] 2 each	*Turkey Sausage Patty [45075] 2 oz portion	*Turkey Sausage Patty [45075] 2 oz portion
*Crispy Hashbrowns [552] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Pork Sausage Gravy [4027] 1 ladle-1oz	*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Tater Tots [1178] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup
*Scrambled Egg [2032.23] 1/2 cup	*Broccoli Quiche [2061] 1 slice	*Potatoes O'Brien [772] 1/2 cup	*Turkey Sausage Patty [45075] 2 oz portion	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup
*Scrambled Eggs with Cheese [4299] 1/2 cup	*Turkey Sausage Patty [45075] 2 oz portion	*Scrambled Egg [2032.23] 1/2 cup	*Denver Scrambled Eggs [4631.10] 1/2 cup	*Broccoli Quiche [2061] 1 slice	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Grits [3314] 1 ladle-4oz
*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz
*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		*Grits [3314] 1 ladle-4oz				

Lunch - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Herb Roasted Pork [5314] 4 oz meat	*General Tso Chicken [10890] 4 ounce	*Sage Rubbed Turkey Breast [4726] 4 ounce	*Southern Fried Chicken [45024] 4 oz portion	*Creole Fish Fillets [6856] 4 oz meat	*Fried Fish [446.1] 1 each	*Cajun Chicken [4929] 4 oz meat
*Grilled Vegetables [5294.10] 3 ounce	*Lasagna [15931] 1 serving(s)	*Chicken Gravy [1468] 1 ladle-1oz	*Baked Chicken [4801] 1 each	*Meatloaf with Brown Gravy [5431] 1 serving(s)	*Mongolian Beef [10895.1] 4 ounce	*Parmesan Tomatoes [761] 3 ounce
*Garlic Mashed Potatoes [102118] 4 ounce	*Carrots, Yellow Squash and [4955] 3 ounce	*Pepper Steak [1004] 1 serving(s)	*Pulled Pork [9630.1] 4 oz portion	*Sauteed Kale [43933] 3 ounce	*Peas and Pearl Onions [5676] 3 ounce	*Black Beans with Rice [106417] 4 ounce
*Acorn Squash, Rice Stuffing [31917.3] 1 each	*Stir Fry Bok Choy [10963] 3 ounce *Vegetable Lo Mein [102070] 4 ounce	*Green Bean Saute [103775] 3 ounce *Dill Carrots [1512] 3 ounce *White Rice [2] 4 ounce	*Vegetarian Collard Greens [103139] 3 ounce *Whole Kernel Corn [522] 3 ounce *Candied Sweet Potato [983] 4 ounce	*Sauteed Mushrooms [49201] 3 ounce *Red Beans and Rice [5608] 4 ounce	*Grilled Chili Lime Corn on a S [38352] 3 ounce *Paprika Red Potatoes [980] 4 ounce	*Curried Pan Fried Tofu with M [102012] 1/2 cup

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Lunch - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			*Signature Macaroni and Cheese [762] 4 ounce			

Wellness Combo - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Lentils with Spinach and Ginger [30533.1] 4 ounce	*Black Bean and Zucchini Quinoa [33845] 1 serving(s)	*Quinoa with Brussels Sprouts [65851] 1/2 cup	*Red Beans and Rice [5608] 1/2 cup	*Chana Masala [34690] 1 cup	
	*broccoli lemon wheat penne [17210] 4 oz portion	*Szechuan-Style Eggplant [3577] 4 ounce	*Herb Stuffed Tomatoes, White [48777] 1 each	*Grilled Cauliflower Steak [84444] 1 each	*Penne, Bean and Sweet Potato [84565] 1 serving(s)	
	*Sauteed Kale [43933] 3 ounce	*Green Bean Saute [103775] 3 ounce	*Vegetarian Collard Greens [103139] 3 ounce	*Sauteed Kale [43933] 3 ounce	*Peas and Pearl Onions [5676] 3 ounce	
	*Red Beans and Rice [5608] 4 ounce	*Tomato Basmati Rice [44515.1] 4 ounce	*Signature Macaroni and Cheese [762] 4 ounce	*Sauteed Mushrooms [49201] 3 ounce	*Almond Orzo Pilaf [7727] 4 ounce	

Dinner - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Parmesan Crusted Fish [30141] 1 each	*Stuffed Zucchini [4480] 1 each	*Arroz con Pollo [4776] 4 oz portion	*Texas Pot Roast [7745] 4 oz portion	*Oven Fried Pork Chops [3309] 1 each	*Marinated Chicken Teriyaki [10804] 4 oz meat	*BBQ Chicken [28153] 4 ounce

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Dinner - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Turkey Meatloaf [7738] 4 oz portion	*Barbecue Salmon [7906] 4 oz meat	*Honey Glazed Ham [725] 4 oz meat	*Jerk Shrimp Linguine [103702] 4 ounce	*Sweet and Sour Asian Chick [962] 4 ounce	*Barbecued Beef Brisket [4614] 4 oz meat	*Apricot Glazed Pork [4774] 4 oz meat
*Beef Gravy [801] 1 ladle-1oz	*Fried Breaded Okra [518.1] 3 ounce	*Blanched Asparagus [105633] 4 each	*Sauteed Spinach & Garlic [42899] 3 ounce	*Gingered Snow Peas [42395] 3 ounce	*Braised Cabbage [1829] 3 ounce	*Sauteed Spinach [8621] 3 ounce
*Green Beans and Cherry Tom [10520.1] 3 ounce	*Baked Tomatoes [1310] 3 ounce	*Winter Vegetable Blend [1516] 3 ounce	*Steamed Fresh Yellow Squas [33992.33] 3 ounce	*Roasted Cauliflower [33992.10] 3 ounce	*Sauteed Kale [43933] 3 ounce	*Glazed Carrots [103724] 3 ounce
*Steamed Cauliflower [4961.8] 3 ounce	*Rice Pilaf [988] 4 ounce	*Stewed Pinto Beans with Tor [104701.2] 4 ounce	*Herb Roasted Potato Wedge [103420] 4 ounce	*White Rice [2] 4 ounce	*Buttered Egg Noodles [557] 4 ounce	*Lyonnais Potatoes [568] 4 ounce
*Parslied Red Potatoes [979] 4 ounce				*Beef Gravy [801] 1 ladle-1oz		

Wellness Combo-2 - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Roasted Vegetable Lasagna [31048] 1 2" x 3"	*Vegetable Casserole Au Gra [4472] 4 ounce	*Stewed Pinto Beans with Tor [104701.2] 1/2 cup	*Cauliflower Rice Tabouleh [10514.6] 1/2 cup	*Vegetable Lo Mein [102070] 1/2 cup	*Moroccan Spicy Vegetables [21839] 1/2 cup	*Baked Zucchini and Tomatoc [102295] 4 oz portion
*Indian Style Chickpeas & Pot [28955] 1 ladle-4oz	*Hoisin Tofu with Baby Bok Cl [28198] 4 ounce	*Roasted Pepper Frittata [58411.1] 1 serving(s)	*Cajun Lentil Stew [103377] 4 oz portion	*Indonesian Pineapple Rice [35311] 1/2 cup	*Portobello and White Bean R [54590] 1/2 cup	*Tuscany-Style Pasta [16191] 11 oz portion

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Wellness Combo-2 - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Steamed Broccoli & Cauliflow [14572] 3 ounce	*Baked Tomatoes [1310] 3 ounce	*Blanched Asparagus [105633] 4 each	*Steamed Fresh Yellow Squas [33992.33] 3 ounce	*Gingered Snow Peas [42395] 3 ounce	*Sauteed Kale [43933] 3 ounce	*Sauteed Spinach [8621] 3 ounce
*Parslied Red Potatoes [979] 4 ounce	*Rice Pilaf [988] 4 ounce	*Winter Vegetable Blend [1516] 3 ounce	*Herb Roasted Potato Wedge [103420] 4 ounce	*Roasted Cauliflower [33992.10] 3 ounce	*Buttered Egg Noodles [557] 4 ounce	*Lyonnaise Potatoes [568] 4 ounce

Bakery-Desserts - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Mocha Mousse [5450] 1/2 cup	*Key Lime Pie [5362] 1 slice	*Orange Cupcake, Chocolate [22265.1] 1 each	*Peach Crisp [981] 1 serving(s)	*Mango Bread Pudding [24565] 4 oz portion	*Apple Cake [236.4] 1 serving(s)	*Fruit Tart [5255] 1 each
*banana pudding [4401] 10 oz parfait	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup	*Strawberry Gelatin [40] 1/2 cup	*Citrus Gelatin [1642] 1/2 cup	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup
*Citrus Gelatin [1642] 1/2 cup	*Chocolate Pudding [1463] 1/2 cup	*Lemon Pudding [5387] 1/2 cup	*Banana Pudding [7989] 1/2 cup	*Rice Pudding [259] 1/2 cup	*Vanilla Pudding [1420] 1/2 cup	*Lemon Pudding [5387] 1/2 cup
*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each
*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Bakery-Desserts - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each
*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each
*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each

Retail-Action - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Omelet Station [8786] 1 each	*B-B-Q Pulled Pork Rice Bowl [79295.1] 4 ounce *Beef Barbacoa [47045] 1 ounce *Marinated Chicken [17747] 1 oz portion *Pinto Beans [20064] 1 ounce	*Fajita Bar [22011] 2 each	*Ravioli Toss Station [27573] 4 ounce	*Vegetable Pho [47608.6] 4 ounce *Grilled Chicken [12986.3] 4 ounce	*BBQ Chicken Salad [46865] 1 each *Flour Tortillas [103492] 1 each	*Omelet Station [8786] 1 each

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Action - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Sour Cream Sauce [47038] 1/2 tbsp					

Retail-Grill - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Buffalo Chicken Wings [30608.3] 3 each	*Meatball Sub [2775.1] 1 sandwich	*Fish Sandwich [4451.2] 1 sandwich	*Loaded Fries [112145] 1 each	*Grilled chicken sandwich [13618.3] 1 sandwich	*Hot Dog [6062.6] 1 each	*Hamburger on Bun [5305.16] 1 sandwich
*3/8" French Fries, Fried [39862] 3 ounce	*Garden Burger [16961.3] 1 each	*Curly-Q French Fries [769] 1/2 cup	*Turkey Burger [38578] 1 sandwich	*3/8" French Fries, Fried [39862] 3 ounce	*3/8" French Fries, Fried [39862] 3 ounce	*Tater Tots [1178] 1/2 cup
*Garden Burger [16961.3] 1 each	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Garden Burger [16961.3] 1 each	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich
*Turkey Burger [38578] 1 sandwich	*Onion Rings [539.2] 4 ounce	*Garden Burger [16961.3] 1 each		*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each

Retail-Pizza, Pasta, Flatbreads - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Pizza, Pasta, Flatbreads - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice
*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice
*Chicken Bacon Ranch Pizza [103624.2] 1 slice	*White on White Pizza [16120.9] 1 slice	*Cheese Calzone [9072] 1 each	*Meat Lovers Pizza [16114] 1 slice	*Dessert Pizza [14403.15] 1 slice	*Bacon, Tomato & Cheese Pi [27904] 1 1/8th	*Hawaiian Pizza [53434.37] 1 slice

Salad Bar - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Rainbow Pasta Salad [28563] 1/2 cup	*Waldorf Apple Pecan Salad [5876] 1/2 cup	*Tortellini Caesar Salad [4022] 3 ounce	*Loaded Potato Salad [34989] 1/2 cup	*Tomato and Cucumber Salad [7932] 3 ounce	*Creamy Broccoli Salad [35086.2] 1/2 cup	*Tomato Spinach Pasta Salad [35071.3] 1/2 cup

Retail-Deli - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Honey Mustard Pork Sandwich [7765] 1/2 sandwich	*Buffalo Chicken Wrap [10424] 1/2 each	*Turkey and Red Pepper Sandwich [6922] 1/2 sandwich	*Ham and Cheese Croissant [7890] 1/2 sandwich	*Pesto Chicken Sandwich Thi [9127.4] 1/2 sandwich	*American Hoagie [4742] 1/2 sandwich	*Bacon, Lettuce and Tomato S [4796] 1/2 serving(s)
*Corn Beef and Swiss on Rye [5083] 1/2 sandwich	*Chinese Chicken Salad with [46865.1] 1/2 each	*Seafood Salad Wrap [705.1] 1/2 sandwich	*Turkey Salad on Whole Whe [5826] 1/2 sandwich	*Egg Salad Sandwich on Roll [2415] 1/2 serving(s)	*Poppy Seed Chicken Salad [23953.7] 1/2 serving(s)	*Chicken Salad on a Croissan [9128.4] 1/2 sandwich

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Deli - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Chicken Caesar Wrap [31991.2] 1/2 each	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Italian Sub [25074.1] 1/2 sandwich
*Turkey Salad on Whole Whe [5826] 1/2 sandwich						*Roasted Vegetable Wrap [4520] 1/2 serving(s)
*Homemade Potato Chips [28837.2] 4 ounce						*Homemade Potato Chips [28837.2] 4 ounce

Retail-Soup - Week 3, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Black Bean Soup [4468] 8 floz	*Chicken & Wild Rice [13848] 8 floz	*12 Veggie Soup [68589] 8 floz	*Potato Leek Soup [4537] 8 floz	*Split Pea & Ham Soup [13300] 8 floz	*Clam Chowder [4462] 8 floz	*Curried Rice & Lentil Soup [13840] 8 floz
*Tomato Basil Bisque [3506] 8 floz	*French Moroccan Tomato Le [13305] 8 floz	* Wild Mushroom Bisque [4464] 8 floz	*Tuscan White Bean [68588] 8 floz	*Southwest Tortilla Soup [4469] 8 floz	*3 Bean & Swiss Chard Soup [75663] 8 floz	*Chicken Florentine Soup [13297] 8 floz

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cinnamon French Toast [615.13] 2 half	*Orange French Toast (Whole [849] 2 half	*Pancakes [616] 2 each	*Cinnamon French Toast [615.13] 2 half	*Banana Pancakes [4820] 2 each	*French Toasted Waffle [615.9] 2 each	*Chocolate Chip Pancakes [616.22] 2 each
*Pork Bacon [608] 2 slice	*Pork Bacon [608] 2 slice	*Turkey Sausage Links [5828] 2 each	*Sausage Link [1125] 2 each	*Pork Bacon [608] 2 slice	*Turkey Sausage Links [5828] 2 each	*Sausage Link [1125] 2 each
*Turkey Sausage Links [5828] 2 each	*Turkey Sausage Patty [45075] 2 oz portion	*Biscuits [3872] 1 each	*Turkey Bacon [8735] 2 slice	*Turkey Sausage Links [5828] 2 each	*Pork Bacon [608] 2 slice	*Turkey Bacon [8735] 2 slice
*Crispy Hashbrowns [552] 1/2 cup	*Tater Tots [1178] 1/2 cup	*Biscuit Gravy [3932] 1/2 cup	*Crispy Hashbrowns [552] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Tater Tots [1178] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup
*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Potatoes O'Brien [772] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup	*Scrambled Egg [2032.23] 1/2 cup
*Scrambled Eggs with Cheese [4299] 1/2 cup	*Broccoli Quiche [2061] 1 slice	*Scrambled Egg [2032.23] 1/2 cup	*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Grits [3314] 1 ladle-4oz
*Grits [3314] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Scrambled Eggs with Cheese [4299] 1/2 cup	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Grits [3314] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz
*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz	*Oatmeal [613] 1 ladle-4oz		*Broccoli Quiche [2061] 1 slice	*Oatmeal [613] 1 ladle-4oz	

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Breakfast - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		*Grits [3314] 1 ladle-4oz				

Lunch - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Tandoori Chicken [59150] 4 ounce	*Lemon Dill Cod [4428] 4 oz portion	*Pulled Pork [9630.1] 4 oz portion	*Southern Fried Chicken [45024] 4 oz portion	*Tomato Basil Baked Cod [5790] 1 serving(s)	*Fried Fish [446.1] 1 each	*Spaghetti and Meatballs [15930] 1/4 cup
*Carrots, Yellow Squash and [4955] 3 ounce	*Stir-Fried Orange Beef [3410] 4 ounce	*Baked Tilapia [4811] 4 oz meat	*Baked Chicken [4801] 1 each	*Garlic Rosemary Pork Loin [4696] 4 oz portion	*Thyme and Garlic Roasted T [6810] 4 oz meat	*Green Beans and Cherry Tor [10520.1] 3 ounce
*Parslied Red Potatoes [979] 4 ounce	*Fresh Steamed Carrots [4953] 3 ounce	*Roasted Tomatoes [11160] 3 ounce	*Ginger Glazed Fish [12121] 1 each	*Spaghetti Squash & Mushroc [103767] 3 ounce	*Sauteed Spinach & Garlic [42899] 3 ounce	*Lemon Orzo [35343] 4 ounce
*Sweet Potato Hash Burrito [71291] 1 sandwich	*Zucchini Lyonnaise [4725] 3 ounce *White Rice [2] 4 ounce	*Sauteed Green Beans [103757] 3 ounce *Vegetarian Boston Baked Be [35063] 4 ounce	*Vegetarian Collard Greens [103139] 3 ounce *Grilled Vegetables [5294] 3 ounce *Candied Sweet Potato [983] 4 ounce	*Fresh Vegetable Medley [5860] 3 ounce *Herbed Rice Pilaf [990] 4 ounce	*Grilled Corn on the Cob [25821] 3 ounce *Spaghetti [559] 4 ounce	*Vegetarian Bean Bake (Cass [31884.2] 1/2 cup

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Lunch - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			*Signature Macaroni and Cheese [762] 4 ounce			

Wellness Combo - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Cabbage Rolls [22406] 4 ounce	*Barbecue Tofu and Vegetables [13415] 1 serving(s)	*Baked Zucchini Frittata [7869] 1 slice	*Spaghetti Squash, Mushroom [73770.1] 1/2 cup	*Fried Green Tomatoes [38627.3] 1 slice	
	*Griddled Black Eye Pea Cake [43474.1] 2 cake	*Roasted Tomatoes [11160] 1 half	*Curried Roasted Vegetables [8289.4] 1/2 cup	*Cheese Ravioli [15937.4] 1/2 cup	*Chickpeas and Spinach [28470] 1 cup	
	*Fresh Steamed Carrots [4953] 3 ounce	*Vegetarian Boston Baked Beans [35063] 4 ounce	*Vegetarian Collard Greens [103139] 3 ounce	*Fresh Vegetable Medley [5860] 3 ounce	*Grilled Corn on the Cob [25821] 3 ounce	
	*White Rice [2] 4 ounce	*Sauteed Green Beans [103757] 3 ounce	*Candied Sweet Potato [983] 4 ounce	*Herbed Rice Pilaf [990] 4 ounce	*Spaghetti [559] 4 ounce	

Dinner - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Fried Pork Chop [4573] 1 serving(s)	*Cajun Chicken [4524] 4 oz meat	*Beef Pepper with Creole Sauce [314] 1 each	*Banana Stuffed French Toast [18756] 1 each	*Chicken Marsala [1294] 4 oz meat	*Aloha Chicken [17760] 1 each	*Glazed Chicken Wings [18571.1] 2 each

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

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INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Dinner - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Chicken Parmesan [4263] 4 oz meat	*Shrimp Newburg [452] 4 oz portion	*Chicken Curry [43934] 1/2 cup	*Shrimp Creole [423] 4 ounce	*Beef Enchiladas [483.3] 1 serving(s)	*Pork Colorado [5561] 1 ladle-4oz	*Southwestern Beef Stew [3409] 4 ounce
*Peas and Mushrooms [1015] 3 ounce	*Asian Vegetable Blend [102690] 3 ounce	*Broccoli AuGratin [102508] 3 ounce	*Cheddar Grits [19723.1] 4 ounce	*Broccoli, Carrots and Caulifl [5859] 3 ounce	*Corn with Pimento [2423] 3 ounce	*Steamed Fresh Broccoli [4911.11] 3 ounce
*Roasted Brussels Sprouts [103994] 3 ounce	*Bok Choy [4884] 3 ounce	*Sauteed Zucchini and Squas [26267.3] 3 ounce	*Scrambled Egg [2032.23] 1/2 cup	*Baked Butternut Squash [4812] 3 ounce	*Baby Lima Beans [510] 3 ounce	*Squash, Zucchini, Peppers a [1413.3] 3 ounce
*Signature Macaroni and Che [762] 4 ounce	*Bowtie Pasta [3898] 4 ounce	*Basmati Rice [4831] 4 ounce	*Tater Tots [1178] 4 ounce *Turkey Sausage Patty [45075] 2 oz portion	*Garlic Orzo [102665] 4 ounce	*Au Gratin Potatoes [561.5] 4 ounce	*Buttered Egg Noodles [557] 4 ounce

Wellness Combo-2 - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Moroccan Vegetable Stew w [41752] 4 floz	*Vegetable Fried Rice [10913] 1/2 cup	*Italian Vegetable Stew [3478] 4 ounce	*Grits [612] 4 ounce	*Tofu Marsala [4446.2] 4 ounce	*Chard and Spring Pea Risott [101994] 1/2 cup	*Broccoli, Garlic and Lemon P [11352] 4 ounce
*Vegetarian Meatloaf [313.9] 4 oz portion	*Eggplant Creole [1009] 1/2 cup	*Black Bean Spinach Enchilac [29703.1] 2 each	*Spinach & Mush. Breakfast F [28212] 1 wedge	*Butternut Squash Gratin [43509] 1 ladle-4oz	*Refried Bean Burrito w/ Cilan [17605] 1 each	*Cajun Lentil Stew [2390.1] 1 ladle-4oz

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Wellness Combo-2 - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Peas and Mushrooms [1015] 3 ounce	*Asian Vegetable Blend [102690] 3 ounce	*Sauteed Zucchini and Squas [26267.3] 3 ounce	*Tater Tots [1178] 4 ounce	*Broccoli, Carrots and Cauliflc [5859] 3 ounce	*Corn with Pimento [2423] 3 ounce	*Buttered Egg Noodles [557] 4 ounce
*Signature Macaroni and Che [762] 4 ounce	*Bowtie Pasta [3898] 4 ounce	*Smashed Potatoes [45038] 4 ounce	*Scrambled Egg [2032.23] 1/2 cup	*Garlic Orzo [102665] 4 ounce	*Baby Lima Beans [510] 3 ounce	*Steamed Fresh Broccoli [4911.11] 3 ounce

Bakery-Desserts - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Sweet Potato Cheesecake [5730.1] 1 1/12th	*Apple Cake [236.4] 1 serving(s)	*Orange Cupcake, Chocolate [22265.1] 1 each	*Apple Cobbler [4750] 1/2 cup	*Cookie Mousse [41028] 2-1/2 floz	*Peach Crisp [981] 1 serving(s)	*Berry Tartlets [60622] 1 each
*banana pudding [4401] 4 oz parfait	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup	*Strawberry Gelatin [40] 1/2 cup	*Citrus Gelatin [1642] 1/2 cup	*Cherry Gelatin with Whip Top [34] 1/2 cup	*Lime Gelatin [36] 1/2 cup
*Citrus Gelatin [1642] 1/2 cup	*Chocolate Pudding [1463] 1/2 cup	*Lemon Pudding [5387] 1/2 cup	*Banana Pudding [7989] 1/2 cup	*Rice Pudding [259] 1/2 cup	*Vanilla Pudding [1420] 1/2 cup	*Lemon Pudding [5387] 1/2 cup
*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each	*Oatmeal Raisin Cookies [1102.6] 1 each
*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each	*Peanut Butter Cookies [1102.7] 1 each

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Bakery-Desserts - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each	*Carnival Cookies [1102.3] 1 each
*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each	*Chocolate Chip Cookies [1102.4] 1 each
*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each	*Sugar Cookies [1102] 1 each

Retail-Action - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Omelet Station [8786] 1 each	*Hamburger on Bun [5305.16] 1 sandwich	*tilapia fish tacos [41577] 2 each	*Pasta Bar [27111] 4 ounce	*African Curried Corn [105748] 4 oz portion	*Ice cream Sundae Bar [42955] 1 serving(s)	*Omelet Station [8786] 1 each
	*Caramelized Onions [17140] 1 oz portion	*Pico de Gallo [17748] 1 ladle-2oz		*Ground Beef Filling [41582] 1 ounce		
	*American Cheese Slice [1748] 1 slice	*Lime Cilantro Dressing [17749.1] 1 ladle-2oz				
	*Cheddar Cheese Slice [43037.1] 1 slice	*Chopped Cilantro [33689.1] 1 tsp				

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

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INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Action - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Sautéed Mushrooms [102288] 1 ounce *Coleslaw [905] 1/2 ounce *Sliced Jalapeno [46017.11] 1/2 ounce *Hard Fried Eggs [5306] 1 each *Pork Bacon [608] 2 slice	*Chopped Onion [33696.1] 1 tbsp *Fresh Sliced Jalapeno Pepper [14891.3] 1/2 tbsp *Three Chile Guacamole [40762.3] 1 ounce				

Retail-Grill - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Ham and Cheese Sandwich [5289] 1 sandwich *Turkey Burger [38578] 1 sandwich	*Nachos with Beef [42007] 4 oz portion *3/8" French Fries, Fried [39862] 3 ounce	*Pulled Pork Sandwich [22740] 1 serving(s) *Curly-Q French Fries [769] 1/2 cup	*Cheese Quesadillas [1833.16] 1 each *Fresh Fried Chipotle BBQ Chicken [767.6] 4 ounce	*Fish Sandwich [4451.2] 1 sandwich *Onion Rings [539.2] 4 ounce	*Barbecue Chicken Sub [4636] 1 sandwich *3/8" French Fries, Fried [39862] 3 ounce	*Corn Dog [10958] 1 each *Tater Tots [1178] 1/2 cup

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Grill - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Turkey Burger [38578] 1 sandwich	*Spicy Tomato Habanero Sals [40762] 1 floz	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each
*3/8" French Fries, Fried [39862] 3 ounce	*Turkey Burger [38578] 1 sandwich	*Garden Burger [16961.3] 1 each	*Garden Burger [16961.3] 1 each *Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich	*Turkey Burger [38578] 1 sandwich

Retail-Pizza, Pasta, Flatbreads - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th	*Cheese Pizza [1551.21] 1 1/10th
*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice	*Pepperoni Pizza [2154] 1 slice
*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice	*Veggie Pizza [14403.11] 1 slice
*Margherita Pizza [15938] 1 slice	*Sausage Pizza [16115] 1 slice	*The Works Pizza [16119] 1 slice	*Meatball Pizza [16116] 1 slice	*BBQ Chicken Pizzan [15939.2] 1 each	*Mediterranean Chicken Pizze [47760] 1 slice	*Bacon Cheeseburger Pizza [16118.10] 1 slice

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

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INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Salad Bar - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Classic American Potato Salad [29934] 3 ounce	*Sesame Noodle Salad [35068] 1/2 cup	*Kale Salad with Feta [65852.6] 3 ounce	*Calypso Salad with Almonds [1232] 1/2 cup	*Thai Style Vegetable Salad [29297] 3 ounce	*Grilled Vegetables [5294] 1/2 cup	*Dijon Roasted Potato Salad [34991.1] 1/2 cup

Retail-Deli - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Curried Almond Chicken Salad [10466.6] 1/2 serving(s)	*Turkey Wrap [10487] 1/2 serving(s)	*Italian Cold Cut Slider [18478.1] 1 each	*Buffalo Chicken Wrap [10424] 1/2 each	*Turkey Club Sandwich [3635.8] 1/2 sandwich	*Sante Fe Turkey on Sandwich [30952.1] 1/2 each	*Chicken Salad [885.6] 1/2 serving(s)
*Italian Cold Cut Slider [18478.1] 1 each	*Buffalo Chicken Wrap [10424] 1/2 serving(s)	*Corn Beef and Swiss on Rye [5083] 1/2 sandwich	*Ham and Swiss on White Sandwich [18477.1] 1/2 each	*Pimento Cheese Sandwich [117] 1/2 serving(s)	*Roasted Vegetable with Pesto [32012.3] 1/2 each	*Turkey BLT [10763] 1/2 serving(s)
*Avocado and Black Bean Wrap [33839] 1/2 serving(s)	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Homemade Potato Chips [28837.2] 4 ounce	*Vietnamese Banh Mi Ham Sandwich [37394.1] 1/2 sandwich
*Egg Salad Sandwich on Roll [2415] 1/2 serving(s)						*Chicken Caesar Wrap [37311] 1/2 sandwich
*Homemade Potato Chips [28837.2] 4 ounce						*Homemade Potato Chips [28837.2] 4 ounce

Cycle Day(s) included: Week 1 - Week 4, Sunday - Saturday

TH 2018 FALL CYCLE MENU IN SPROUT STATION

Production Area(s) Filtered: Yes

Meal Period(s) Included: Breakfast, Lunch, Wellness Combo, Dinner, Wellness Combo-2, Bakery-Desserts, Retail-Action, Retail-Grill, Retail-Pizza, Pasta, Flatbreads, Salad Bar, Retail-Deli, Retail-Soup

INCLUDES SPROUT

Recipe Categories Filtered: No

Station(s) Included:

All Items

Menu(s) Included:

Retail-Soup - Week 4, Sunday - Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Au Bon Pain Vegetarian Chili [4460] 8 floz	*Tomato Basil Bisque [3506] 8 floz	*Vegetarian Minestrone [3504] 8 floz	*Broccoli Cheddar Soup [4456] 8 floz	*Pasta e Fagioli [4535] 8 floz	*Au Bon Pain Garden Vegetal [4467] 8 floz	*Chicken Noodle Soup [3501] 8 floz
*Corn & Chili Bisque [13847] 8 floz	*Chicken & Dumpling Soup [19167] 8 floz	*Chicken Gumbo [3499] 8 floz	*Red Bean & Sausage Soup [4538] 8 floz	*French Onion Soup [8204] 8 floz	*Lemon Orzo Chicken Soup [75665] 8 floz	*Au Bon Pain Garden Vegetal [4467] 8 floz