

## Welcome to Counseling Services!



First, let me say that I enjoy people, so I am excited about meeting and working with YOU! I enjoy how you can meet a stranger and just because you take a sincere interest in him or her, s/he will share scores of personal stories with you. Humans love to be listened to, appreciated and made to feel important. It's not a pride thing or an ego thing, but a belonging thing. What did Maslow say about belonging? One of the human needs huh?

My favorite fable was told by a Greek slave called Aesop. It explains how we ought to interact with others. It's an example of how one drop of honey can attract more flies than a gallon of vinegar. The Wind and the Sun were disputing which was the stronger. Suddenly they saw a traveler coming down the road, and the Sun said: "I see a way to decide our dispute. Whichever of us can cause that traveler to take off his cloak shall be regarded as the stronger. You begin." So the Sun retired behind a cloud, and the Wind began to blow as hard as it could upon the traveler. But the harder he blew the more closely did the traveler wrap his cloak round him, till at last the Wind had to give up in despair. Then the Sun came out and shone in all his glory upon the traveler, who soon found it too hot to walk with his cloak on. Kindness effects more than severity. Be blessed! Cheers....

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